

December 2019

BONIFAY K - 8

BREAKFAST



Nutrition Tip: Children who consume yogurt consume at least 12% more bone health promoting nutrients: Calcium, Vitamin D, Potassium.
Reference: NHANES 2013-14

Monday

Mini Strawberry Bagel **2**
Asst. Pop Tart
Fresh Fruit
Orange Juice
Milk

Mini Pancakes **9**
Asst. Pop Tart
Fresh Fruit
Orange Juice
Milk

Blueberry Waffles **16**
Asst. Pop Tart
Fresh Fruit
Orange Juice
Milk

NO SCHOOL **23**
CHRISTMAS BREAK

NO SCHOOL **30**
CHRISTMAS BREAK

Tuesday

Chicken Croissant **3**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

Southwest Sliders **10**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

Sausage Biscuit **17**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

NO SCHOOL **24**
CHRISTMAS BREAK

NO SCHOOL **31**
CHRISTMAS BREAK

Wednesday

Apple Frudel **4**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

Asst. Pop Tart **11**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

Scones **18**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

NO SCHOOL **25**
CHRISTMAS BREAK



Thursday

Ham, Egg, Cheese Wrap **5**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

Breakfast Pizza **12**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

Apple Frudel **19**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

NO SCHOOL **26**
CHRISTMAS BREAK



Friday

Cinnamon Roll **6**
Asst. Pop Tart
Fresh Fruit
Orange Juice
Milk

Cinnamon Roll **13**
Asst. Cereal
Fresh Fruit
Orange Juice
Milk

Cinnamon Roll **20**
Asst. Pop Tart
Fresh Fruit
Orange Juice
Milk

NO SCHOOL **27**
CHRISTMAS BREAK

