

# May 2018

## BONIFAY K – 8

### BREAKFAST



**School Information:** Type your school information here.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

**FSA TESTING**

Cinnamon Roll  
Milk  
Orange Juice  
Fruit

7

**FSA TESTING**

Biscuit & Gravy  
Milk  
Orange Juice  
Fruit

8

Muffins  
Pop Tart w/ Goldfish

9

Mini Pancakes  
Assorted Cereal

10

Oats & Honey Bar  
Pop Tart w/ Goldfish

11

MANAGERS CHOICE

14

MANAGERS CHOICE

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MANAGERS CHOICE

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MANAGERS CHOICE

17

MANAGERS CHOICE

18

MANAGERS CHOICE

21

MANAGERS CHOICE

22

MANAGERS CHOICE

23

MANAGERS CHOICE

24

MANAGERS CHOICE

25

NO SCHOOL

28

MANAGERS CHOICE

29

MANAGERS CHOICE

30

MANAGERS CHOICE

31

