

# April 2018

## BONIFAY K – 8

### LUNCH



**SERVED DAILY: MILK AND FRUIT.  
CONDIMENTS AS NEEDED.**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

Cheese Pizza  
Corn  
Steamed Broccoli

2

### Tuesday

Chicken Noodle  
Peas  
Carrots

3

### Wednesday

Hamburger  
Fries  
Lettuce/Tomato

4

### Thursday

Chicken Filet  
Mash Potatoes  
Green Beans

5

### Friday

Hot Dog  
Doritos  
Carrot Sticks  
Baked Beans

6

Chicken Filet  
Mash Potatoes  
Peas  
WGR Roll

9

Taco Salad  
Tortilla Chips  
Lettuce  
Corn

10

Chicken Alfredo  
Steamed Broccoli  
Side Salad  
WGR Garlic Bread

11

Hamburger  
Fries  
Lettuce/Tomato

12

Corn Dog  
Mac & Cheese  
Carrot Sticks  
Baked Beans

13

Salisbury Steak  
Mash Potatoes  
Peas  
WGR Roll

16

Chicken Sandwich  
Fries  
Lettuce/Tomato

17

Stuff Crust Pizza  
Corn  
Steamed Broccoli

18

BBQ Chicken  
Fries  
Baked Beans

19

Beef and Cheddar Burrito  
Lettuce  
Black Beans  
Corn

20

Chicken Alfredo  
Steamed Broccoli  
Side Salad  
WGR Garlic Bread

23

Warm Ham & Cheese  
Mash Potatoes  
Peas

24

Beef Nacho  
Lettuce  
Corn  
Tortilla Chips  
WGR Cookie

25

Sloppy joe  
Fries  
Carrot Sticks

26

Cheesy Chicken  
Lettuce  
Black Beans  
Corn  
Tortilla Chips

27

Cheese Pizza  
Corn  
Steamed Broccoli

30

