

March 2019

BONIFAY K – 8

BREAKFAST



SERVED DAILY: MILK, FRUIT, AND ORANGE JUICE. CONDIMENTS SERVED AS NEEDED.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Blueberry Waffle
Assorted Cereal

4

Tuesday



Sausage Biscuit
Assorted Pop Tart
w/ Graham Cracker

5

Wednesday

Muffins
Assorted Cereal

6

Thursday

Yogurt w/ Granola
Assorted Pop Tart
w/ Graham Cracker

7

Friday

Cinnamon Roll
Assorted Cereal

1

Breakfast Pizza
Assorted Cereal

11

Breakfast Burrito
Assorted Pop Tart
w/ Graham Cracker

12

Pancake Pup
Assorted Cereal

13

Dutch Waffle
Assorted Pop Tart
w/ Graham Cracker

14

Cinnamon Roll
Assorted Cereal

15

Mini Strawberry Bagel
Assorted Cereal

18

Chicken Croissant
Assorted Pop Tart
w/ Graham Cracker

19

Yogurt w/ Granola
Assorted Pop Tart
w/ Graham Cracker

20

Ham, Egg, Cheese Wrap
Assorted Pop Tart
w/ Graham Cracker

21

Cinnamon Roll
Assorted Cereal

22

SPRING BREAK

25

SPRING BREAK

26

SPRING BREAK

27

SPRING BREAK

28

SPRING BREAK

29