

April 2018

BONIFAY K – 8

BREAKFAST



**SERVED DAILY: MILK. ORANGE JUICE,
AND FRUIT. CONDIMENTS AS NEEDED.**



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Chocolate Chip French
Toast
Assorted Cereal

2

Tuesday

Sausage Biscuit
Assorted Cereal

3

Wednesday

Muffins
Pop Tart w/ Goldfish

4

Thursday

Parfaits
Cinnamon Toast Bar
w/ Goldfish

5

Friday

Mini Cinnamon Rolls
Pop Tart w/ Goldfish

6

FSA TESTING

Cinnamon Rolls
Milk
Orange Juice
Fruit

9

FSA TESTING

Biscuit & Gravy
Milk
Orange Juice
Fruit

10

FSA TESTING

Breakfast Pizza
Milk
Orange Juice
Fruit

11

FSA TESTING

Chicken Croissant
Milk
Orange Juice
Fruit

12

FSA TESTING

Mini Chocolate Chip
French Toast
Milk
Orange Juice
Fruit

13

FSA TESTING

Cinnamon Rolls
Milk
Orange Juice
Fruit

16

FSA TESTING

Biscuit & Gravy
Milk
Orange Juice
Fruit

17

FSA TESTING

Breakfast Pizza
Milk
Orange Juice
Fruit

18

FSA TESTING

Chicken Croissant
Milk
Orange Juice
Fruit

19

FSA TESTING

Mini Chocolate Chip
French Toast
Milk
Orange Juice
Fruit

20

FSA TESTING

Cinnamon Rolls
Milk
Orange Juice
Fruit

23

FSA TESTING

Biscuit & Gravy
Milk
Orange Juice
Fruit

24

FSA TESTING

Breakfast Pizza
Milk
Orange Juice
Fruit

25

FSA TESTING

Chicken Croissant
Milk
Orange Juice
Fruit

26

FSA TESTING

Mini Chocolate Chip
French Toast
Milk
Orange Juice
Fruit

27

FSA TESTING

Cinnamon Rolls
Milk
Orange Juice
Fruit

30

