

FEBRUARY 2023

BONIFAY K 8

LUNCH



**SERVED DAILY: MILK, FRUIT, AND
CONDIMENTS AS NEEDED.**



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Nuggets
Mash Potatoes
Steamed Broccoli
Dinner Roll

6

Chicken Sandwich
French Fries
Lettuce/Tomato

7

Cheesy Chicken
Black Beans
Corn
Doritos
Pineapple

8

Spaghetti w/ Meatballs
Green Beans
Breadstick

9

Pizza
Corn
Carrots w/ Ranch
Cookie

10

Chicken Nuggets
Mash Potatoes
Green Beans
Dinner Roll

13

Valentine's Day
Chicken Sandwich
French Fries
Lettuce

14

Fiesta Pizza
Steamed Broccoli
Side Salad w/ Ranch
Pineapple

15

Burrito
Corn
Black Beans

16

Hot Dog
Mac & Cheese
Carrots w/ Ranch
Apple Crisp

17

Presidents' Day
NO SCHOOL

20

Hot Dog
French Fries
Coleslaw

21

Burrito
Corn
Lettuce
Pudding

22

Cheesy Chicken Pasta
Steamed Broccoli
Breadstick

23

Ham & Cheese Sandwich
Chips
Lettuce/Tomato
Carrots w/ Ranch
Pear Cobbler

24

Korean Chicken
Fried Rice
Green Beans
Dinner Roll

27

BBQ Sandwich
French Fries
Coleslaw

28

